

GymTumble

@ Southcote Primary School

Thursday's 3.20pm - 4.05pm

GymTumble is a fun introduction into Gymnastics for both boys and girls, taken by Personal Trainer and Gym Instructor Ashley Knox. It delivers safe and fun lessons in the floor elements of gymnastics including low beams, tumbling, balancing, stretching, strength and conditioning, which will help with your child's confidence and co-ordination.

These lessons will be open to children in school years 2, 3 and 4.
Shorts and t-shirts are required to be worn.

YES please sign me up

(Name).....

Emergency Name and Contact

Number.....

Please provide details of any medical conditions and medications that may need to be taken:

I give consent for the administration of basic first aid to be given to my child in the event of any Accidents.

I hereby enclose payment of £48 for this terms fee's

Signed..... Date..... Email.....

Please make cheques payable to: Southern Counties Schools Judo Ltd

I would like my child to have a free trial lesson at the GymTumble Club

Name..... School/Class.....

Parent/Guardian signature.....

Please pass trial slip to the instructor at the beginning of their trial lesson, Thank you.