

Southern Counties Schools Judo

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Southcote School

Judo is a modern Olympic sport and self-defence system derived from the ancient art of Ju-Jitsu. It is very popular as a physical education and general fitness training method. Judo is in fact a fun 'sport for all' and can be enjoyed for personal pleasure and fun, or as a contest sport. Either way it is almost unique in providing a wide range of benefits which include self-discipline, skill in co-ordination and a great way to build self-confidence.

The school judo club offers professional coaching by Steve Hutton who is a 2nd Dan Black Belt, for school years 2 to 6, with weekly term-time lessons. Students are taught standing and ground techniques and can progress through a grading syllabus which takes place twice-yearly with a coloured belt system.

Term dates

Wednesday 14th September 2016 (Wednesday afternoons) Years 1 & 2 3.20pm - 4pm
Years 3 to 6 4pm - 4.45pm

The costs of the terms fees are £59 with an additional £8 per term for kit hire (if required).

If you have any questions relating to the school judo club, then please contact:

Steve Hutton on 07950 299946 or email stevehutton9@msn.com

YES please sign me (Name).....
School..... Session time.....

Emergency Name and Contact Number.....

Please provide details of any medical conditions and medications that may need to be taken:
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I give consent for the administration of basic first aid to be given to my child in the event of any accidents.

I agree to my child's photo to be used for advertising purposes.

I hereby enclose payment of £67 for this terms fee.

Signed..... Date..... Email.....

Please make cheques payable to: Southern Counties Schools Judo Ltd

I would like my child to have a free trial lesson at the school judo club.

Name..... School.....

Parent/guardian signature.....

Please pass trial slip to the Judo Coach at the beginning of their trial lesson, Thank you.