

# Personal, social and emotional development

# Making relationships

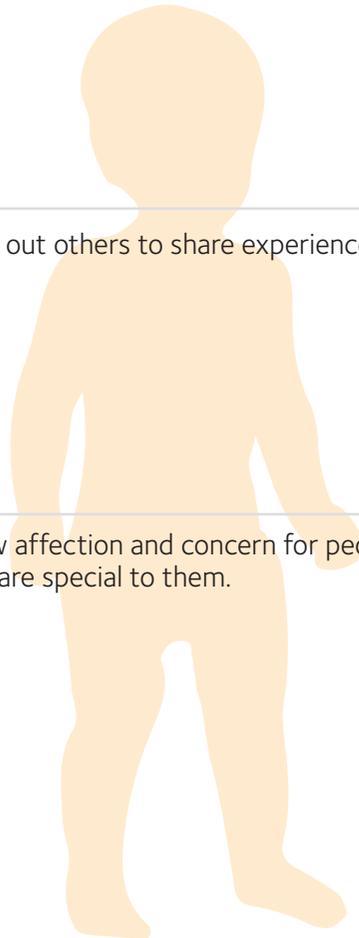
Play cooperatively, taking turns

Listen to the ideas of others

Show sensitivity to others

22–36 months

- Interested in others' play and are starting to join in.



- Seek out others to share experiences.

- Show affection and concern for people who are special to them.

30–50 months

- Can play in a group, extending and elaborating play ideas.
- Initiate play, offering cues to peers to join them.

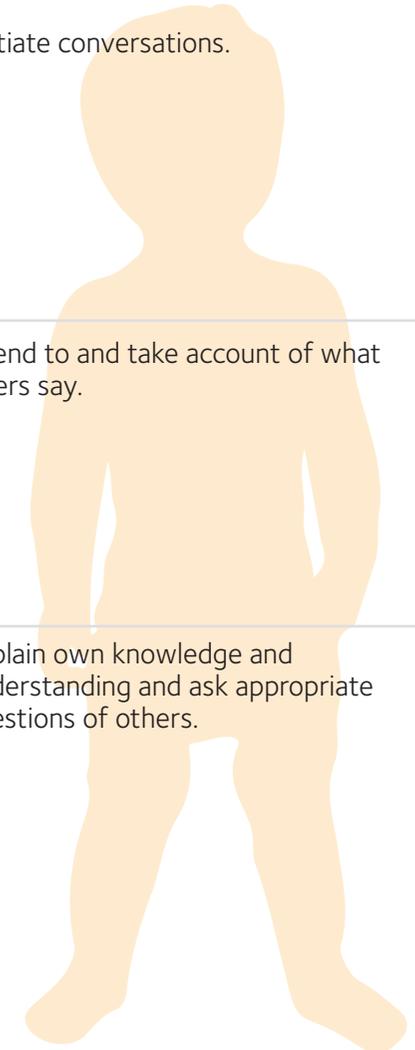


- Keep play going by responding to what others are saying or doing.

- Demonstrate friendly behaviour, initiating conversations.

40–60+ months

- Initiate conversations.



- Attend to and take account of what others say.

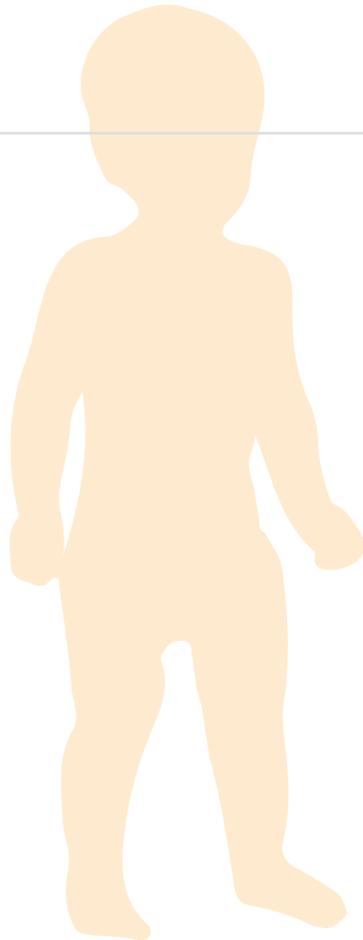
- Explain own knowledge and understanding and ask appropriate questions of others.

# Making relationships

Form positive relationships

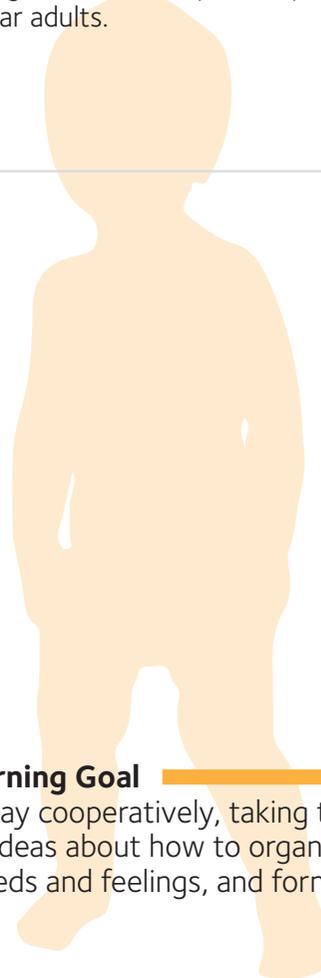
22–36 months

- May form a special friendship with another child.



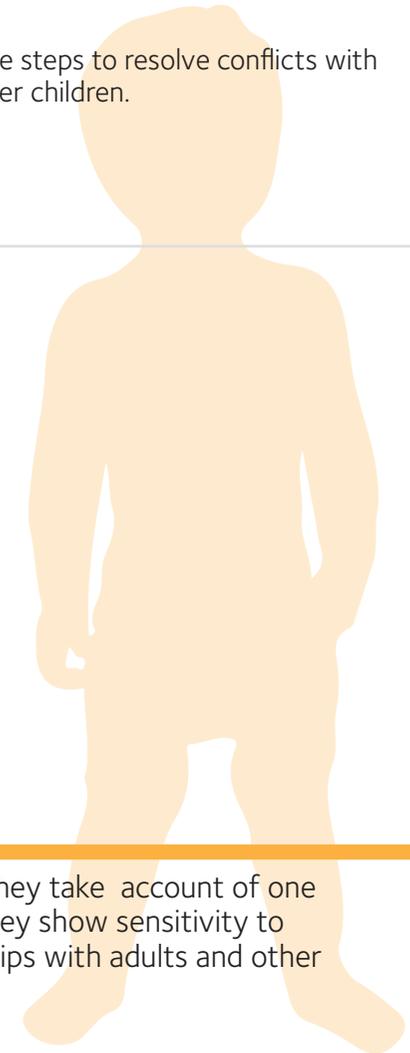
30–50 months

- Form good relationships with peers and familiar adults.



40–60+ months

- Take steps to resolve conflicts with other children.



## Early Learning Goal

Children play cooperatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.

# Self-confidence and self-awareness

	22–36 months	30–50 months	40–60+ months
Try new activities with confidence	<ul style="list-style-type: none"> <li>• Separate from main carer.</li> </ul>	<ul style="list-style-type: none"> <li>• Select and use activities and resources with help.</li> <li>• Welcome and value praise for what they have done.</li> <li>• Enjoy responsibility of carrying out small tasks.</li> </ul>	<ul style="list-style-type: none"> <li>• Describe themselves in positive terms.</li> </ul>
Speak to others	<ul style="list-style-type: none"> <li>• Seek support and encouragement from a familiar adult.</li> </ul>	<ul style="list-style-type: none"> <li>• Outgoing towards unfamiliar people and more confident in new social situations.</li> <li>• Confident to talk to other children when playing.</li> </ul>	<ul style="list-style-type: none"> <li>• Talk about own abilities.</li> <li>• Confident to speak to others about own interests and opinions.</li> </ul>
Ask for help	<ul style="list-style-type: none"> <li>• Express own preferences and interests.</li> </ul>	<ul style="list-style-type: none"> <li>• Show confidence in asking adults for help.</li> </ul>	<ul style="list-style-type: none"> <li>• Confident to speak to others about own needs and wants.</li> </ul>

## Early Learning Goal

Children are confident to try new activities, and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don't need help.

# Managing feelings and behaviour

	22–36 months	30–50 months	40–60+ months
Talk about feelings	<ul style="list-style-type: none"><li>• Seek comfort from familiar adults when needed.</li><li>• Can express feelings such as sad, happy, cross, scared, worried.</li></ul>	<ul style="list-style-type: none"><li>• Aware of own feelings.</li></ul>	<ul style="list-style-type: none"><li>• Describe own and others' feelings.</li></ul>
Talk about behaviour	<ul style="list-style-type: none"><li>• Aware that some actions can hurt or harm others.</li></ul>	<ul style="list-style-type: none"><li>• Know that some actions and words can hurt others' feelings.</li></ul>	<ul style="list-style-type: none"><li>• Describe own and others' feelings and their consequences.</li></ul>
Describe behaviour that is wrong	<ul style="list-style-type: none"><li>• Can inhibit own actions/behaviours.</li></ul>	<ul style="list-style-type: none"><li>• Describe words or actions that may be hurtful to others.</li></ul>	<ul style="list-style-type: none"><li>• Understand that their own actions affect other people.</li><li>• Know that some behaviour is wrong.</li></ul>

# Managing feelings and behaviour

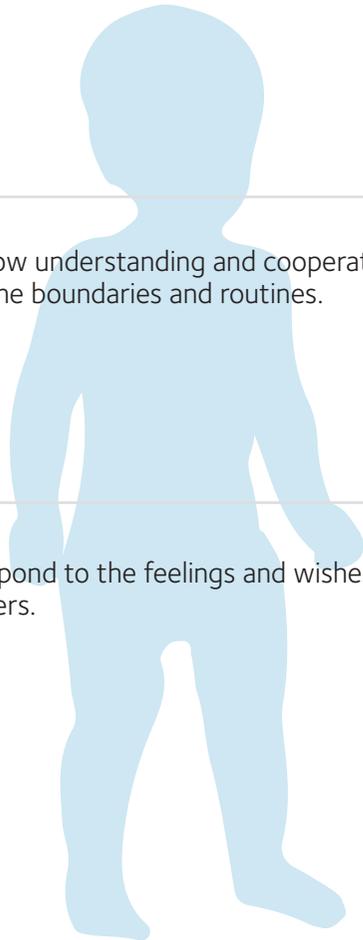
Work as part of a group or class

Follow rules

Adapt behaviour for the situation

22–36 months

- Try to help or give comfort when others are distressed.



- Show understanding and cooperate with some boundaries and routines.

- Respond to the feelings and wishes of others.

30–50 months

- Begin to accept the needs of others, take turns and share resources, sometimes with support from others.

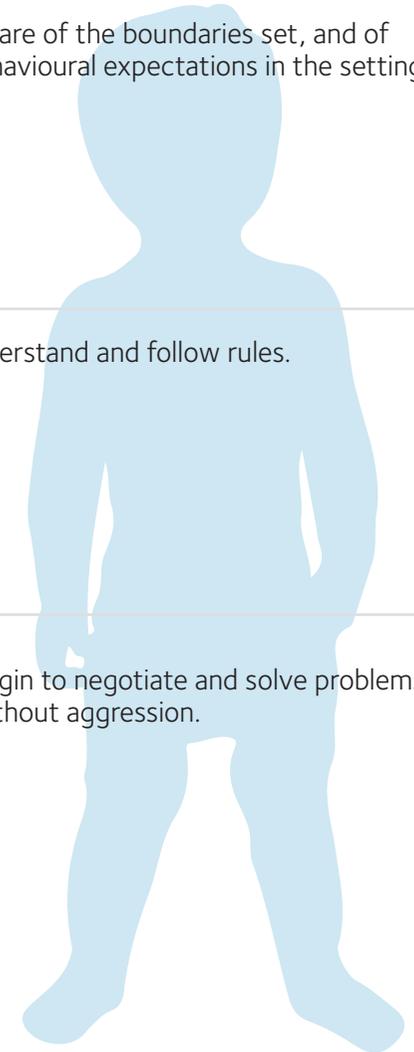


- Usually follow rules and routines.

- Can usually tolerate delay when needs are not immediately met, and understand that wishes may not always be met.

40–60+ months

- Aware of the boundaries set, and of behavioural expectations in the setting.



- Understand and follow rules.

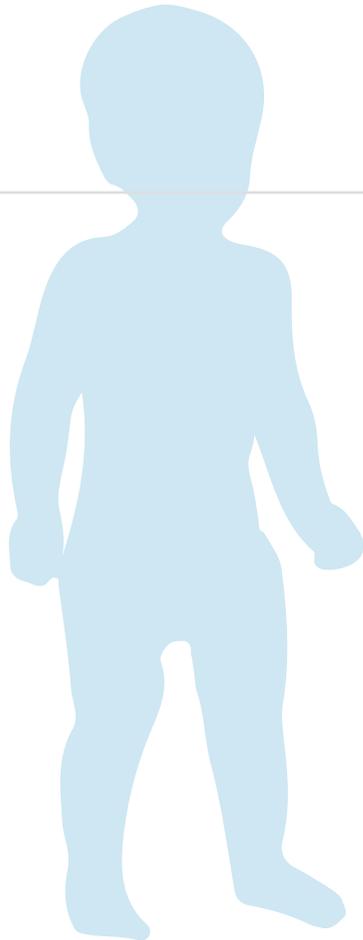
- Begin to negotiate and solve problems without aggression.

# Managing feelings and behaviour

Accept changes to routine

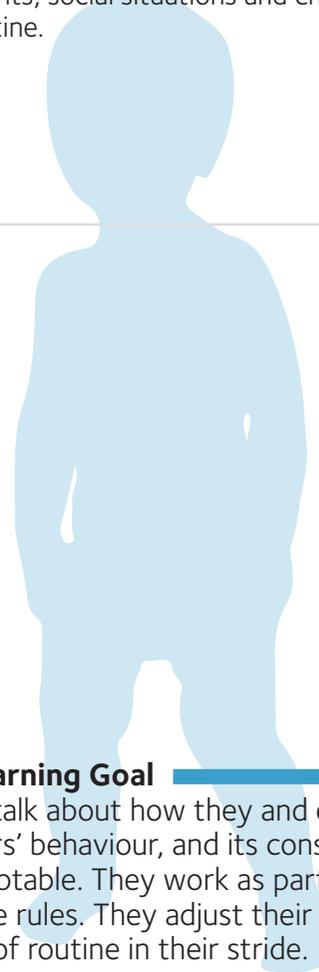
22–36 months

- Have growing ability to move onto something different when upset.



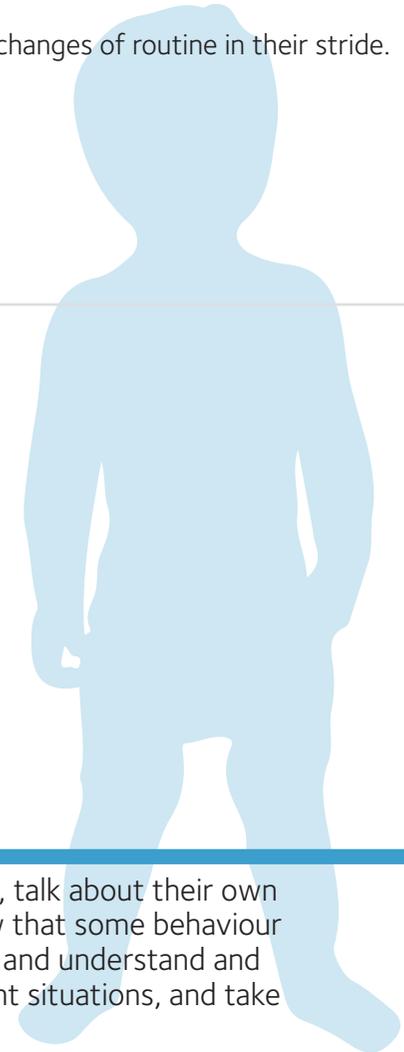
30–50 months

- Can usually adapt behaviour to different events, social situations and changes in routine.



40–60+ months

- Take changes of routine in their stride.



## Early Learning Goal

Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different situations, and take changes of routine in their stride.