

Summer SEND Newsletter

Southcote Primary

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Dear Parents and Carers,

I hope you are all well and keeping safe during these unusual times. As the days are getting longer and the sunshine has been out, I hope you have been enjoying lots of outdoor time and daily walks.

How are you coping with Covid?

Are you coping at home? At Southcote Primary School we recognise that being a parent is one of the most rewarding, but also most difficult jobs in the world. When everything is running smoothly in our lives it is hard enough to be a parent, but with the current circumstances, family life might feel like an uphill struggle! Here are some useful sites to help you at home.

Anxiety



[https://www.snapcharity.org/wp-](https://www.snapcharity.org/wp-content/uploads/2020/04/SNAP_CoronavirusFamilyGuide_InfoSheet.No_.7.pdf)

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Top tips to improve your mental wellbeing

<https://www.nhs.uk/oneyou/every-mind-matters/top-tips-to-improve-your-mental-wellbeing/>

Challenging behaviour

<https://www.challengingbehaviour.org.uk/cbf-articles/latest-news/otherorganisations.html>

Thank You and Farewell!

We would like to say a fond farewell to Mrs Wallis who has worked and supported our children, especially with their SALT programmes. Mrs Wallis has worked at Southcote for over 20 years. We would like to take this opportunity to say a special thank you for all her hard work and would like to wish her well!

We would also like to say a big thank you to Mr Osei who has joined the Caretaking team. Good luck with your new job!

Transition for children with SEND

Moving between classes in our school

Every year we have a "Moving Up day" where children spend time with their new class teacher in their new classroom. This year it will be very different so watch this space!!

Many of our children will be feeling anxious about moving into a new class, being with a new teacher and the expectation of a new year group. Once we have all the relevant information, your child will have a transition booklet to help with them understand the transition and deal with these feelings. This transition booklet will be sent home over the summer. Please share this booklet and talk to your child about the next academic year and the changes that they will encounter.

The following Power point is a good animation to help children understand the process of change and moving to a new year group.

<https://www.twinkl.co.uk/resource/ff-or-5-the-cautious-caterpillar-spread-your-wings-and-fly-transition-powerpoint>

How we support children/young people with SEND leaving our school

Now that Secondary places have been allocated, Transition Links between our school and the secondary schools have been created. Class teachers and the SEND team will be working closely with the Secondary schools to transfer and pass on relevant information. Once Secondary school have set up their classes they will be in touch with you to share relevant information. Below is a link with some helpful tips to support your child during this milestone of their life.

<https://www.tinies.com/our-favourites/transition-from-primary-to-secondary-school.html>



Summer is nearly here and hopefully the weather will be good. It's time to relax and unwind. If you happen to get bored and need something to do, have a look at the link below. Here are 100 ideas and activities to keep you busy over the holidays and a link to activities that you can do in Berkshire! Please remember to check before heading out as places may still be closed due to the Covid pandemic.

<https://www.tes.com/teaching-resource/100-activities-and-ideas-for-parents-and-kids-to-do-over-the-summer-3007101>

<https://www.getreading.co.uk/whats-on/family-kids-news/summer-holidays-berkshire-37-things-9647008>

<https://servicesguide.reading.gov.uk/kb5/reading/directory/results.page?familychannel=8-10>

If you have any questions or concerns please feel free to contact us via e-mail at SEND@Southcote.reading.sch.uk

As this is our last newsletter for this academic year, we would just like to wish you all a very happy, healthy and enjoyable summer!

Kind regards,

The Inclusion Team